

# APRIL 19TH

## MEAL PACK SAMPLE MENU

\*Milk is recommended daily with each meal\*

### TUES. 4/20

Breakfast:

Muffin

Applesauce + Orange

Lunch:

Chef's Choice Entree

Edamame + Broccoli + Apple

### WED. 4/21

Breakfast:

1/2 Bagel + Sausage Link

Applesauce + Apple

Lunch:

Cheese Pizza

Cucumber/Tomato Salad + Orange

### THURS. 4/22

Breakfast:

1/2 Bagel + Sausage Link

1/2 Orange + Juice

Lunch:

PBJ Sandwich

Cucumber/Tomato Salad + Apple

### FRI. 4/23

Breakfast:

Waffle Bites w/ Syrup

1/2 Orange + Juice

Lunch:

Hamburger

Tots + Tomato Slices + Fruit Cup

### MON. 4/26

Breakfast:

Cereal Bowl

Apple + Dried Fruit

Lunch:

Cheesy Bites w/ Marinara

Broccoli + Cucumber + Orange

Thank  
you!

